

Equanimity Yoga Cancellation Policy

We believe in having a clear, simple to understand cancellation policy to help avoid confusion and form clear boundaries. Below we have listed out our cancellation policies for when you book yoga classes, yoga nidra and private sessions.

Cancellation of Live Online Yoga Class & Yoga Nidra bookings

We understand that plans change and you may need to cancel a yoga class.

If you have booked and paid for a live online class and do not make it to the class, you will automatically be sent a recording of the class, which will be available for 2 weeks.

Cancellation of Private Session bookings

For private 1:1 sessions, we operate a 24hr cancellation policy. If less than 24 hrs notice is given then you will be charged for the session as that slot cannot be filled at short notice.

Cancellation of In-Person bookings

Due to the limited numbers in our intimate classes, refunds cannot be given if you are unable to attend a class for any reason. If you wish to be sent a recorded class video so you do not miss your practice, this can be done on request.